



St. Clair County  
Child Abuse and Neglect Council  
"It shouldn't hurt to be a child".



## Just for Teens

### Identifying & Reporting Teen Dating Violence

The Centers for Disease Control and Prevention (CDC) defines teen dating violence as the "physical, sexual, psychological or emotional violence within a dating relationship, including stalking. It can occur in person or electronically and might occur between a current or former dating partner." It's important for both parents and teens to know the signs and how to take action if dating violence ever becomes a concern.

#### Signs of teen dating violence:

##### *If a teen is a victim of abuse, they may:*

- Become depressed
- Engage in unhealthy behaviors
- Begin having problems in school
- Lose interest in social and/or social activities

##### *An abusive partner might:*

- Have a bad temper or mood swings
- Belittle their partner
- Keep their partner from family and friends
- Pressure their partner to do things they don't want to do
- Constantly monitoring their partner's social media accounts and make false accusations

If you or a peer are in a violent or potentially violent relationship, seek help immediately by telling a parent or trusted adult, such as a teacher or guidance counselor. You can also seek immediate assistance by calling Blue Water Safe Horizons crisis line at (810) 985-5538.